

Evidencing the Impact of the Primary PE and Sport Premium

Rochford Primary and Nursery School



Sports Premium Funding Strategy 2020-21

Purpose of funding:

Schools must use the funding to make additional improvements to the quality of PE and sport offered. Schools must spend the additional funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this.

This means that the premium should be used to:

- develop or add to the PE and sport activities the school already offers;
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

Vision:

All pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

Objective:

To achieve self-sustaining improvement in the quality of PE and sport in primary schools.

There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity.
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement.
3. Increase confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for our school and our children and why?

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • Access to a wide range of festivals to engage less active students across both key stages. • Utilising the SSP CPD offer to ensure all staff access at least one CPD course. • Promoting regular physical activity both through lessons with specialist coaches, after-school clubs, competitions and other incentives such as the 'Daily Mile'. • Children take part in various sporting competitions across the area with local schools. 	<ul style="list-style-type: none"> • Increase profile of PE/Sport within the school through opportunities for internal competitions, celebrations (e.g. 2020 Olympics) and recognition for a range of sporting achievements (e.g. 'fair play'). • Ensure least active children have the opportunity to get involved with P.E./Sports by offering targeted activities or clubs. • Implement new PE scheme – real PE.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 meters?	85%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	85%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	75%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes – we contribute through our SSP Basic Membership (see attached) to a partnership wide 'Top Up' Swimming programme.

Did you carry forward an underspend from 2019-20 academic year into the current academic year? **NO**

Action Plan and Budget Tracking



Academic Year: 2020/21	Total fund allocated: £17,840	Date Updated:	22.10.20
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake <u>at least 30 minutes</u> of physical activity a day in school.			
Intent	Implementation	Funding allocated:	Sustainability and suggested next steps:
<p>SSP 'BASIC MEMBERSHIP MODEL – Physical Activity, School Sport, and Health and Wellbeing strands to impact on all students in EYFS, Key Stage 1 and 2.</p> <p>Increased daily physical activity for all pupils.</p> <p>Pupils with Social Emotional needs benefit from increased participation.</p> <p>Pupils benefit from a broad and balanced PE curriculum through well planned and structured lessons.</p>	<ol style="list-style-type: none"> 1. SSP virtual (pre-recorded) Healthy Lifestyle assembly to raise whole school awareness of the importance of regular physical activity. Ensure all classes are still covering a healthy living unit either in PSHE or Science. 2. Deliver to a target group of children the SSP Fit4Action health intervention 6-week programme. (Covid-19 permitting) 3. Mr Swindell ran the in-school 'Active Kids' session during the Autumn term with both years 3 & 4 from resources given to us from SSP. 4. Access support with the completion of the Active School Planner Heat Map. 5. Introduce new PE scheme 'real PE' and share with teachers and coaches. 6. Throughout January, February and March – the SSP delivered a 'live' PE afternoon with KS1 and KS2 sessions available through zoom for students at home and in school to access. Our sports coach also created bespoke KS1 PE lesson videos. Both were assigned on 	<p>SSP Basic membership. Annual cost is divided equally across all 5 Key Objectives (£1,326)</p> <p>Cost of new PE scheme (Real PE) split between objectives 1-3 (£475)</p> <p>Training costs for new scheme split between objectives 1-3 (£412)</p> <p>Replenishing sports supplies for P.E. shed in line with new PE scheme: £2200</p>	<ol style="list-style-type: none"> 1. Staff watch assembly to gain knowledge. Arrange a healthy living awareness week or day where children can learn and share. 2. Ask SSP if there are any resources from Fit4Action that we can use to follow up after the intervention sessions and use with other classes. 3. Create 'Active Passports' for children who take part and give opportunities to celebrate with their teacher and other members of staff when they are being active. 4. Use of findings to inform future plans and interventions.

	<p>Google Classroom as PE lessons.</p> <p>7. A large bank of pre-recorded video resources created by the SSP team to support at home/in school PE delivery and physical activity participation.</p> <p>8. The creation and delivery of regular physical activity challenges , festivals and competitions delivered virtually to increase participation.</p>	<p>Cost of staff member delivering PE sessions 2 x PMs £3549</p>	<p>5. Monitor the implementation and success of new PE scheme as well as assessment sheets.</p>
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Evidence and impact:

- SSP have shared a pre-recorded healthy lifestyle assembly which SLT can share during one of their assemblies. This reminds and promotes to the children what a healthy lifestyle is and how to live it, encouraging children to keep fit and active.
- Mr Swindell’s Active Kids session included various activities for children of differing abilities and interests, allowing children who might not enjoy traditional sport to find something active they enjoy.
- RealPE scheme is being utilized by Mr Swindell who is adapting and personalizing it to our classes to ensure it suits the children, their abilities and interests. RealPE at Home has also been shared with our families so they can continue to access something that engages them in physical activity while schools are closed.
- SSP have provided some additional resources to support PE provision for pupils during lockdown and this can be seen being shared on our Google Classroom pages as well as promoted on RPS Facebook page. This has meant the pupils have had many opportunities to engage in physical activities throughout periods of remote learning.

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement.

Intent	Implementation	Funding allocated:	Sustainability and suggested next steps:
<p>SSP ‘BASIC MEMBERSHIP MODEL – all strands contribute to this area to impact on all students and staff in Key Stage 1 and 2.</p> <p>Children benefit from cohesive links between classroom teaching and learning ethos to sporting values and British Values (see also Growth Mindset).</p> <p>Pupils with specific Social Emotional</p>	<p>1. Utilise Y5/6 PALs training from SSP to promote leadership skills, friendly competition and an active lifestyle.</p> <p>2. Book staff inset PE specific sessions through the SSP based on internal staff needs to raise the profile of PE across all staff (use of dance across the curriculum to link with CWTTA).</p> <p>3. Engagement of more staff in preparation of festivals and attendance to cross curricular CPD to ensure PE</p>	<p>SSP Basic membership. Annual cost is divided equally across all 5 Key Objectives (£1,326)</p> <p>Cost of new PE scheme (Real PE) split between</p>	<p>1. Termly or half-termly check-ups with PALs to ensure it is kept up. Speak to SSP about the possibility of support or ‘top-up’ training (Covid-19 permitting).</p> <p>2. Feedback from teachers on which aspects of P.E. they feel they need next slot of training in as well as dance training.</p>

<p>Mental Health needs (SEMH) benefit from increased participation.</p> <p>Improved attitude and behaviour for learning across school.</p> <p>Children benefit from inspirational experiences and good role models that impact on their approach to learning.</p> <p>Through SSP membership – our school has participated in the provision documented in this section with the specific aim of supporting the wellbeing of our students during the pandemic (lockdown period). This has ensured opportunity and access to 60 active minutes per day.</p>	<p>is impacting across all elements of school life and being valued by all staff and pupils (Covid-19 permitting for attendance to such events).</p> <ol style="list-style-type: none"> 4. Use of new PE scheme and resources to raise the profile of PE across the school. PE lead to oversee the implementation of the new scheme and support with assessing its impact. 5. Between January – Easter 2021 the delivery of a daily ‘free to access’ virtual sports and activity club via zoom led by the SSP team. In place to allow children to access extra-curricular sport during the lockdown and restricted period. 6. Throughout January, February and March – the SSP delivered a ‘live’ PE afternoon with KS1 and KS2 sessions available through zoom for students at home and in school to access. 7. Throughout February and March (during lockdown period) the SSP Get Up and Active daily early morning club was free to access for all students to re-engage students with physical activity and get them ready for the school day. 8. A large bank of pre-recorded video resources created by the SSP team to support at home/in school PE delivery and physical activity participation. 9. The creation and delivery of regular physical activity challenges , festivals and competitions delivered virtually to increase participation. 10. The SSP provided fortnightly ‘home learning’ activity cards and packs which were set as daily tasks for PE at home and used by staff in schools. 	<p>objectives 1-3 (£475)</p> <p>Training costs for new scheme split between objectives 1-3 (£412)</p>	<ol style="list-style-type: none"> 3. Develop an ethos of shared involvement and responsibility of sports across the school. 4. Monitor impact of new PE scheme and collect staff and pupil views.
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Evidence and impact:

- Dance/CWTTA staff inset has been booked. This will raise the profile of physical activity in a way that would work for our staff as PE is taught by our sports coaches. Promoting dance and creative writing is an extra way our teaching staff can promote and teach with physical activity. (Postponed due to January lockdown – new dates TBC)
- Santa Fun Run in December got all classes and staff involved and engaged with physical activity in their classes. The children seeing their teacher encourage them to get out and get active would have raised the profile of physical activity within the class, and gave our teaching staff another opportunity to engage with PE.
- During the Spring term 2021 lockdown, all classes competed in the ‘Spring Into Fitness’ competition, promoting active lives while isolating at home.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.

Intent	Implementation	Funding allocated:	Sustainability and suggested next steps:
<p>SSP 'BASIC MEMBERSHIP MODEL – all strands contribute to this area (see attached) High Quality PE is most prominent. To impact on all students and staff in Key Stage 1 and 2.</p> <p>Develop teacher's knowledge and confidence of teaching a variety of sports.</p> <p>Build a bank of resources for teaching PE to improve the quality of pupil's learning.</p> <p>Skills bank of teachers/sports coaches across the school/Trust provides teachers and pupils with advice, support and expertise in different sports leading to:</p> <ul style="list-style-type: none"> Improved pupil experiences and enjoyment Improved skills acquisition 	<ol style="list-style-type: none"> Deliver staff inset sessions offered by SSP to maintain and improve staff knowledge and skills in teaching PE. Attendance at SSP PE Lead meetings to gain knowledge to share. These have been via zoom during covid restrictions. Gathering and use of SSP PE resources to support staff in school with the delivery of lessons. During lockdown, the SSP gave us access to a huge range on online and virtual resources created by their sports coaches. Wider use of SSP infrastructure to network and share ideas. New scheme introduced to staff supports the teaching of PE. Scheme is clearly laid out and links to other areas of the curriculum which staff can link to in their lessons. 	<p>SSP Basic membership. Annual cost is divided equally across all 5 Key Objectives (£1,326)</p> <p>Cost of new PE scheme (Real PE) split between objectives 1-3 (£475)</p> <p>Training costs for new scheme split between objectives 1-3 (£412)</p>	<ol style="list-style-type: none"> Feedback from staff about which aspects of PE they feel least confident in, or feel they need a refresher inset for. Possible opportunity to work in PE sessions with class without Sports Coach (e.g. once a term) to keep knowledge fresh. Keep staff up to date with useful information from SSP within whole staff meetings where relevant. PE Lead has the opportunity to share within whole staff meetings where relevant. Central whole school base for resources accessible to all in school.

Evidence and impact:

- The SSP PE lead virtual meeting this year gave lots of information about the support on offer in the light of COVID19 changing the way in which we work and putting a stop to sporting events going forward. We have been utilizing, promoting and taking part in a lot of their alternate offers which has been a learning curve for us and has improved the way we deliver PE & Sport during a global pandemic, ensuring the children are still offered quality provision.
- SSP inset session is booked for dance and CWTTA as mentioned before, this will upskill teachers and improve their knowledge, skills and confidence in teaching this aspect of a subject that is normally led by the sports coaches. (Postponed due to January lockdown – new date TBC)
- Staff meeting to introduce the new realPE scheme was delivered by PE & Sports Lead, showing all staff how to use the platform which has a huge

amount of step-by-step, easy-to-follow PE lessons that staff would feel confident picking up and following if they were ever asked to lead a session in place of the sports coach.

- Using the realPE website and suggested links during a PE week in lockdown this will help teachers to engage more with the PE curriculum and to set appropriate challenges and lessons for their pupils to participate in. This will once again provide further opportunities for focused physical activities during lockdown.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.

Intent	Implementation	Funding allocated:	Sustainability and suggested next steps:
<p>Introduce a variety of new sports to the pupils in curriculum lessons.</p> <p>Support new sports with after school and lunchtime clubs to encourage involvement.</p> <p>Specific focus on improving participation of SEN and disadvantaged pupils.</p> <p>Additional achievements: SSP 'BASIC MEMBERSHIP MODEL – all strands contribute to this area (see attached) School Sport is most prominent. To impact on all students and staff in Key Stage 1 and 2.</p>	<ol style="list-style-type: none"> 1. Access to broad range of festivals, competitions and leagues. 2. Entering groups of children in events aimed at less active students. 3. Use of PALs training for support staff to increase levels of activity and range of topics covered during break and lunchtimes. 4. Engaging different students in performance-based opportunities ensuring children in school can access non-traditional sporting opportunities. Adapted virtual delivery of Dance Festival. 5. Use of SSP Community club scheme to offer a wider range of extra-curricular clubs. 6. Ensure students from our school access the range of Gifted and Talented holiday camps – different students access different sports and activities. 	<p>SSP Basic membership. Annual cost is divided equally across all 5 Key Objectives (£1,326)</p> <p>Equipment needed to offer a broader range of experiences (£500)</p> <p>Additional play and sports equipment to support PALs (£300)</p>	<ol style="list-style-type: none"> 5. A plan to ensure all students have termly opportunities to prepare, attend and represent school. Track the pupils in school who are taking part in sport. 2. Tracking of student's attendance and engagement in broader extra-curricular sport post event. 3. Investment in additional play and sports equipment. Keeping staff engaged yearly with PALs training. 6. Track which cohorts of children are being given these opportunities to ensure opportunities are given to as many year groups as possible.

			7. Track attendance and impact on children who attend (progression, participation, enjoyment of PE.)
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Evidence and impact:

- During the Autumn term, we took part in the Virtual Sportshall Athletics, Virtual year 1&2 Winter Games, Virtual Year 3&4 Active Kids Festival and Virtual Year 5&6 Sports Skills Festival and the Virtual Santa Fun Run. This means, despite COVID19, the children of Rochford Primary are still getting opportunities to get involved in various inter-school festivals and competitions.
- During the Spring term lockdown, all classes had the opportunity to take part in the Spring Into Fitness virtual competition. This gave the children an opportunity to experience a circuit-style competition from home. After reopening, we are entering into the Active Character Development Festival and Sports Skills Festival, which will be delivered with guidance from the SSP by our sports coach Mr Swindell to one of our KS2 classes (TBC). These festivals will support the children in the social re-engagement and development of characteristics which may have been affected by the pandemic/lockdown, with a focus on building the confidence of those involved.
- In-person clubs on offer so far at school have included gymnastics, Y6 football, kick rounders and athletics. The latter 2 have had to be limited to one year group per half term due to COVID restrictions. During these January school closures, we shared with families the SSP Virtual Clubs information where children join various 'after-school clubs' from home via Zoom. These extra-curricular clubs mean that our children are still being offered a range of sporting activities during these unprecedented times.
- The year 2 class attended the SSP dance festival (adapted to a virtual festival for covid), giving the chance for this year group to have the experience of working together on a performance to share with an audience.
- We have shared all half term and Christmas/Easter holiday clubs that the SSP offer to our children and families, particularly with pupil premium families.

Key indicator 5: Increased participation in competitive sport.

Intent	Implementation	Funding allocated:	Sustainability and suggested next steps:
<p>Increase the number of pupils involved in competitive sport and school representation.</p> <p>Specific focus on improving participation of SEN and disadvantaged pupil's participation.</p> <p>Continued focus on raising the number of</p>	<ol style="list-style-type: none"> 1. Involvement of a wide range of students in a broad offer of competition 2. Participation in SSP leagues to increase regular competitive opportunities. 3. Entry into Dance Festival 4. Development of intra (in school) competitive 	<p>SSP Basic membership Annual cost is divided equally across all 5 Key Objectives (£1,326)</p> <p>Football club</p>	<ol style="list-style-type: none"> 1. Annual calendar created for Sports board and for all staff to have access to. 2. Celebrating achievements within school through assembly/newsletter. Opportunity for other staff members to attend.

girls participating in competitive sport.	<p>opportunities.</p> <p>5. Ensuring students access Gifted and Talented holiday camps to support their development and pathway into community competitive sport and beyond.</p>	<p>run by staff member £500</p> <p>Kit costs and coach hire for competitive sport £1500</p>	<p>3. In school performance to engage and inspire future students.</p> <p>4. Build intra competition into whole school diary.</p> <p>5. Celebrate the success of these students.</p>
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Evidence and impact:

- We have taken part in the Virtual Sportshall Athletics, Virtual year 1&2 Winter Games, Virtual Year 3&4 Active Kids Festival and Virtual Year 5&6 Sports Skills Festival and the Virtual Santa Fun Run. As these are all virtual activities, more children are taking part than would normally as we are involving whole classes instead of select students. This means many more children are getting the chance to experience these sporting festivals and competitions, and will hopefully mean we have increased interest in them when things go back to normal.
- Dance festival has also become the Virtual Dance Festival and we have secured our place with our Year 2 class (event date is 25th May 2021).
- During the January lockdown we participated in the 'Spring Into Fitness' competition (all year groups), where children had various circuit activities to do and record at home. This means that all children still had access to competition and a chance to work on their personal best from home.
- Year 5 and 6 mixed football team managed to play against other schools in the summer term, giving them the experience, skills and knowledge of competing in an inter-school competition.